



# University NEWS LETTER



# sbstimes

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## Editorial

“Vivekananda believed education is the manifestation of perfection already in men. He thought it a pity that the existing system of education did not enable a person to stand on his own feet, nor did it teach himself confidence and self respect”. Here in SBS University faculty members take the responsibility not only for teaching but also for holistic development of a students. Apart from that we have many other roles to play in the class rooms. We set the tone of our class rooms, build a warm environment, mentor and nurture the students to become role models and listen and look for signs of trouble. But we are taking the professional responsibilities rather than all round personality development of the students. We have the responsibility of encouraging our students to develop a positive attitude towards the learning not only today but also long future, and till the last stage of life. Then we are the real teachers, we are the 'Gurus' so teachers are highly respected by the people in the community and therefore, become a role model for the students and parents ( Am I ? Are we? You are the judge for this my dear students.

HAPPY READING  
THE EDITORIAL TEAM  
WISHES YOU THE BEST

## PHOTOGRAPH OF THE MONTH



Himanshu Singh  
BPT II Year



Dr. Deepanshu Rana  
Assistant Professor  
Department of Microbiology

## Rotaract Club Clothes Distribution Program



On the occasion of International Day of Disabled Persons, Rotaract Club of Sardar Bhagwan Singh University, Dehradun distributed clothes, masks, gloves and chocolates to Cheshire Homes, Dalanwala Dehradun on Saturday 3rd December. More than 100 warm clothes were distributed. Rotarians interacted with the members of Cheshire Homes and learned about their daily routine. The first year students of the University enthusiastically participated in the program. The program was coordinated by Mr. Shubham Shelly (Convenor, Rotaract Club), Ms. Lata Bisht (Co-Convenor, Rotaract Club), Ms. Swati Doval (Member), Rotarian Anuj Gupta (President) and Rotarian Ms. Jyoti Dhama (Secretary).

## Inter-House T-20 Cricket Tournament

The Sports and Athletics Club of Sardar Bhagwan Singh University, Dehradun, organized two days Inter-House T-20 Cricket Tournament on 2nd and 3rd December. The tournament was inaugurated by Prof. Maneesh Arora (Dean Students Welfare), Prof. Reena Kumari (Head, School of Physiotherapy and Allied Health Science), and Ms. Urmi Chaurasia (Controller of Examination).

Jujhar house bagged the Inter-House Cricket tournament trophy and medals. Mr. Namit Pant awarded with the Best Player Trophy and Certificate. Mr. Gaurav Singh awarded with the Best Bowler Medal and Certificate. The runner-up houses were also awarded with trophies and medals.

All the winners were awarded with trophies, medals and certificates by Prof. Veerma Ram (Officiating Vice Chancellor).

The tournament was coordinated by Mr. Mohd Ajmal (Convener, Sports and Athletic Club) and his club members. All the HOD's /Incharges of all the departments, House Incharges, Faculty, Staff and Students of the University were present during the occasion.



## Inter House Debate Competition

The Debating Society of Sardar Bhagwan Singh University, Dehradun organized an Inter House Debate Competition on Friday 09th December on the topic: E-Learning - Pros and Challenges.

The function was inaugurated with the lamp lighting ceremony by Prof. Veerma Ram (Officiating Vice Chancellor), Prof. Maneesh Arora (Dean, Students Welfare) and other dignitaries.

The debate competition was judged by Prof. Mamata F. Singh, Dr. Anupama Singh and Dr. Arun Kumar Mahato. Ms. Bindu Yadav (Jujhar House) and Ms. Shikha Bisht (Ajit House) won the first prize in the Inter-House Debate competition in English and Hindi categories, respectively.

Jujhar House received the Best Team trophy.

A skit "Mukti- Don't Hide, Speak Out" was presented by students of the University, this day on the occasion of International Day for the Elimination of Violence against Women.

The Inter-House Debate competition was co-ordinated by Dr. Santosh Kumar Karn (Convener, Debating Society), Dr. Meghna Wadhwa (Co-Convener, Debating Society) assisted by team members.

The skit "Mukti- Don't Hide, Speak Out" was coordinated by Prof. Reena Kumari (Convener, Women Cell combating against Sexual Harassment and Grievances Redressal Cell), Ms. Gauree Kukreti (Convener, Dramatics Club), Dr. Pooja Yadav (Convener, Cultural and Music Club) and team members.

All the HOD's /Incharges of all the departments, faculty, staff and students of the university were present during the program.

The program was anchored by Ms Vishakha Patil and Ms. Smriti Singh.



## 11<sup>th</sup> UK NCC Girls CATC CAMP

11 UK NCC Girls Battalion CATC Camp was organized in SBS University from 23 December, 2022 to 30 December 2022. Vice Chancellor Prof. Veerma Ram distributed the Certificates of Merit and Cash Prizes to position holders of Quiz Competition Held on 28th Dec, 22 for NCC Cadets of 11 UK NCC Girls Battalion during CATC Camp in University Campus.



*College Life: A New Leap*

Going to a college first time somewhere I never went, this couldn't happen to me, this I never even dreamt, thoughts line up in my head, the ones that I truly dread, How might my new class mates be, Would they pick on me Or would they tease me.

How many times did my mother tell me to stay strong, that only the things in your head are what make you act wrong and also that things change due to the way we think, Great things can suddenly be destructed under the rate of a blink, Just because the way we thought was not right or just. I know better, to stay strong and happy but that cannot possibly happen under all this anxiety.

How can I suddenly move out of a place, which was like a home to me, now I might fall into a rat race, where I might find no one like me my former college suddenly seems like the best place now, Although things weren't great at first I know that is a place I truly love, I had taken a very long time to adjust and make friends, All that has completely gone waste, now that no one will come to save me even once But things won't get that worse I now seem to realize If someone does hurt me I can pay deaf ears and close my eyes I decide to make the first move while making new friends Hey maybe it won't be as bad I thought, I might even set new trends.

Manisha Thapliyal

Dr. Supriyo Saha published a research article in entitled "Computational Investigation of Geniposidic Acid as Anticancer Agent Using Molecular Docking, Molecular Dynamic Simulation, DFT Calculation, and ORISIS-Molinspiration Profiling" in Physical Chemistry Research.

Ms. Saraswat Bahuguna, Dr. Anupama Singh and Ms. Pooja Shah has published a patent entitled "Standardization and Validation of Traditional Claim of *Maesa Indica* (Roxb.)

Dr. Santosh Kumar Karn Has Presented a Paper on "Phytochemical Analysis and Molecular Characterization of Medicinal Mushroom" in 49th Annual Meeting of Mycological Society of India at Guru Ghasidas Vishwavidyalaya, Bilaspur, Chhattisgarh.

Dr. Deepanshu Rana delivered a Invited Talk on World's AIDS Day a Uttaranchal (P.G.) College of Bio-Medical Sciences and Hospital, Dehradun

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